Open Flanders SC: Session: 3: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 08:30 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ryckeman Brian HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 14: 100M FREESTYLE MEN — Heat:3, starttime: 10:10

Heat: 3/8 Lane : 5 Athlete: DHEERE RéMI — **Q-time: 00:54:22**

PB (25m pool): 00:53.82 LAGO Zwevegem 25/05/2026 **PB (50m pool):** 00:54.85 **SB:** 00:54.31 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:25.48		00:53.82	
		00:25.48		*00:28.34*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 200M BUTTERFLY MEN — Heat:1, starttime: 10:25

Heat: 1/2 Lane : 4 Athlete: VANSIELEGHEM KILLIAN — **Q-time: 02:03:30**

PB (25m pool): 02:03.30 Gent 09/11/2025 **PB (50m pool):** 02:09.95 **SB:** 02:07.59 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:27.05		00:58.07		01:30.27		02:03.30
		00:27.05		*00:31.02*		*00:32.20*		*00:33.03*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 16: 200M BUTTERFLY MEN — Heat:2, starttime: 10:27

Heat: 2/2 Lane : 6 Athlete: DEVOS RHUNE — **Q-time: 02:11:68**

PB (25m pool): 02:11.68 Brugge 04/10/2026 **PB (50m pool):** 02:13.82 **SB:** 02:11.68 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:29.42		01:01.95		01:35.94		02:11.68
		00:29.42		*00:32.53*		*00:33.99*		*00:35.74*
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Coach feedback:

Open Flanders SC: Session: 3: COACH evaluation sheet for TEAM: ROSC

Event number: 20: 50M BACKSTROKE MEN — Heat:2, starttime: 10:54

Heat: 2/6 Lane : 6 Athlete: DEVOS RHUNE — **Q-time: 00:29:15**

PB (25m pool): 00:29.15 Brugge 04/10/2026 — **PB (50m pool):** 00:30.11 **SB:** 00:29.15 Brugge 04/10/2026

	25 M	50 M	
PB		00:29.15	
		00:29.15	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 50M BACKSTROKE MEN — Heat:6, starttime: 11:00

Heat: 6/6 Lane : 7 Athlete: VANSIELEGHEM KILLIAN — **Q-time: 00:27:70**

PB (25m pool): 00:26.87 Brugge 20/10/2024 — **PB (50m pool):** 00:27.81 **SB:** 00:27.70 Brugge 04/10/2026

	25 M	50 M	
PB		00:26.87	
		00:26.87	
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Coach feedback: